

Take-Home Whitening Pen Instructions

- **Store pen in a cool dry place** – pen does not need to be refrigerated, but should not be exposed to heat for a prolonged period of time.
- Saturate pen brush by twisting base of the pen. It may take up to 60 clicks to saturate brush.
- Brush a thin layer of gel on teeth. Insert treatment tray to keep your tongue from wiping the gel off your teeth. Relax jaw and lips.
- Leave your tray in for 20 minutes, remove and rinse tray and mouth with warm water.
- Use for a minimum of 4-6 weeks nightly after brushing to optimize results.
- Your take home pen will provide up to 60 nightly applications if used as instructed. Be careful not to overfill the applicator brush! Once it's saturated it will be good for 3-4 days before having to fill it again.



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